Reimbursement psychotherapy

helan
Health Insurance fund

How can you send us the request for reimbursement?

Via Mijn Helan, your online health insurance or the Mijn Helan app: take a photo or scan of the completed form and complete your request online.

By post to Helan Independent health insurance fund, Boomsesteenweg 5, 2610 Wilrijk.

Helan Independent health insurance fund
grants a reimbursement of 10 euros per session with a maximum of 12 sessions per calendar year. The therapy sessions must be conducted by a psychotherapist who is a member of a professional association, an educational psychologist or a psychologist.
Reimbursement is provided only if no reimbursement is available under the mandatory health insurance.
No reimbursement is provided for examinations and/or tests.

What must you do to benefit from this?
- Affix an identification sticker of the person who has followed the psychotherapy.
- Children and adolescents up to the age of 18: have this document filled in and stamped by the psychologist or therapist.

Identification sticker or client information
Identification sticker

To be filled in by the psychologist or therapist:

Select what fits:

☐ I hereby declare that I am a licensed psychologist

☐ I hereby declare that I am a certified an educational psychologist

☐ I hereby declare that, as a therapist, I am a member of a professional association, namely _____

☐ As a certified sexologist, I hereby declare that I am a member of the professional association VVS
☐ None of the above

☐ I hereby declare that these sessions are not covered by statutory health insurance

This service does not provide reimbursement for sessions with the following entities:
- Mental health centers
- Student counseling centers
- Rehabilitation centers
- Agency growth
- The Flemish Agency for Persons with Disabilities
- Social Work Services
- Educational institutions
- Judicial social work or special youth care

Identification sticker or client information
Identification sticker

Session	Date	Amount paid	Name and signature and/or psychologist's stamp, therapist or sex therapist
1	..... / ..... /		
2	..... / ..... /		
3	..... / ..... /		
4	..... / ..... /		
5	..... / ..... /		
6	..... / ..... /		
7	..... / ..... /		
8	..... / ..... /		
9	..... / ..... /		
10	..... / ..... /		
11	..... / ..... /		
12	..... / ..... /		

Nomenclature code: **809384**